

SOPHIE'S

BREAKFAST MENU HEALTHY MORNING VIBES

Paddy O's Granola,
Natural Yoghurt, Mixed Berry Compote, Seeds
& Sultanas. (1d,1e,1f,4)

8.95

Porridge My Way...

- Plain (1f)
- Honey & Berry Compote (1f)
- Pecans & Maple Syrup (1f,3d)

7.95

Smashed Avo,

Brown Soda Bread,
Dukkha, Green pesto (1a,3a,3b,11)

13.95

THE MAIN EVENT

Choose your base...

Pancake OR French Toast

- Fresh Berries & Cream (1a,4,7)
- Smoked Bacon & Maple Syrup (1a,4,7)
- Toasted Hazelnuts & Chocolate Fudge Sauce (1a,3b,4,7,10)

13.95

Sophies Full Irish, Sausages, Smoked Bacon, Clonakilty Black
Pudding, White Pudding, Roast Tomato, Fried Egg, Crushed Potatoes
(1a,1f,4,7,12,13)

16.95

A Green Start, Fried Egg, Flat Cap Mushrooms, Asparagus, Spinach,
Caramelized Onion Baby Potatoes (1a,4,7)

16.95

(Served with Toast & Glenilen Butter)

THE EGGCELENT CORNER

Classic Benedict,

Honey Glazed Ham, Sophies Sourdough Toast,
Poached Eggs & Lashings of Hollandaise
(1a,4,7)

13.95

The Royalty,

Clarks Oak Smoked Salmon, Chive Cream
Cheese, Poached Eggs on a Sesame Seed
Bagel (1a,4,7,8,10,11)

15.95

Rooftop Sunrise,

Poached Eggs, Smashed Avocado, Cherry
Tomato Salsa, Sophies Sourdough, Balsamic
Reduction (1a,4,7,13)

13.95

GO ON...HAVE AN EXTRA....

Sausage (1a,13) **3.50**

Bacon **3.50**

Scrambled Egg (4,7) **4.20**

Pudding (1a,1f,12) **3.50**

Toast (1a,4) **2.50**

Inclusive Breakfast includes One Main Dish, Tea or Coffee & Orange

ARE YA THIRSTY?

Raw Orange Juice **4.50**

Raw Apple Juice **4.50**

Breakfast Tea **3.30**

Americano **3.30**

Cappuccino (4) **3.80**

Latte (4) **3.80**

Espresso (4) **2.90**

ALLERGEN: 1-Gluten (A-Wheat, B-Spelt, C-Khorasan, D-Rye, E-Barley, F-Oats), 2-Peanuts, 3-Nuts (A-Almonds, B-Hazelnuts, C-Cashews, D-Pecans, E-Brazil, F-Pistachio, G-Macedonia, H-Walnut), 4-Milk, 5-Crustaceans (A-Crab, B-Lobster, C-Crayfish, D-Shrimp), 6-Mollusc, 7-Eggs, 8-Fish, 9-Celery, 10-Soya, 11-Sesame Seeds, 12-Mustard, 13-Sulphur Dioxide & Sulphites, 14-Lupin.

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