

SOPHIE'S

BREAKFAST MENU

€20.00 Breakfast includes 1 Dish & Tea | Coffee | Orange Juice

THE MAIN EVENT

The Rebel Works

Sophie's Signature Full Irish Breakfast serving Sausages, Streaky Bacon, Potatoes, Mushroom, Black & White Pudding & Fried Egg with White Toast
(1A,1F,4,7)

The Mini Works

Sophie's Signature Mini Full Irish Breakfast serving Sausage, Streaky Bacon, Black & White Pudding & Fried Egg with White Toast
(1A,1F,4,7)

MEET THE SOPHIE'S SIGNATURE EGGHEADS

The Classy Benny

Eggs Benedict with Streaky Bacon on Sourdough Toast, drizzle of Hollandaise Sauce and topped with Poached Eggs & a Side of Potatoes
(1A,4,7,12,13)

The Royal Sophie

Ballycotton Smoked Salmon with Poached Eggs & Crushed Avocado, served with Hollandaise Sauce on a Sourdough Toast
(1A,4,7,8,9,13)

THE NAUGHTY CORNER

The Pancake House ~ Choose your guilty pleasure

Sophie's Signature

Berry Compote & Cream
(1A,4,7)

The American Way

Crispy Bacon & Maple Syrup
(1A,4,7)

THE HEALTH BUZZ

Fuel'd Up

House Granola with Natural Yoghurt, Fresh Berry Compote & Mixed Seeds (1A,1D,1F,4,11)

Avo Toast

Sourdough Toast with Field Mushroom, Avocado, Poached Eggs, Mixed Seeds, House Potatoes (1A,4,7,11,13)

Feelin' Fruity

Fresh Fruit with Yoghurt plus a Cheeky Side of Mini Pastries
(1A,4,7,10)

Porridge My Way

Choose your favourite:

The Classic - Organic Porridge (1A,1F,4)

Bee Mine - Honey & Berry Compote (1A,1F,4)

[@sophiesrooftop](#) / (021) 234 1205 / [sophies.ie](#)

ALLERGEN: 1-Gluten (A-Wheat, B-Spelt, C-Khorasan, D-Rye, E-Barley, F-Oats), 2-Peanuts, 3-Nuts (A-Almonds, B-Hazelnuts, C-Cashews, D-Pecans, E-Brazil, F-Pistachio, G-Macedonia, H-Walnut), 4-Milk, 5-Crustaceans (A-Crab, B-Lobster, C-Crayfish, D-Shrimp), 6-Mollusc, 7-Eggs, 8-Fish, 9-Celery, 10-Soya, 11-Sesame Seeds, 12-Mustard, 13-Sulphur Dioxide & Sulphites, 14-Lupin.

All products/dishes are stored, prepared and handled in an environment where food allergens are used. We have implemented controls to reduce the risk of cross contamination but cannot guarantee the absence of allergen transfer. Please see the table above outlining the direct allergens used in our products/dishes. All our Beef is Irish sourced. All our Beef is 100% Irish Origin.

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