Lampery

Continental Breakfast

Selections of cereals £5.50 Alpen Muesli, Cornflakes, Bran flakes, Weetabix, Coco Pops, Rice Krispies (average 170kcal per 45g serving)

Croissant (*306kcal*) pain au chocolat (*288kcal*) Danish pastry (*315kcal*) blueberry (*471kcal*) or chocolate chip muffins (*561kcal*) (each) **£3.50** Natural *(198kcal)* or fruit yoghurt *(210kcal)* **£5.00**

Selection of seasonal sliced fruit & berries *(115kcal)* **£8.00**

Selection of cured meats & cheeses (497kcal) £9.50

Toast **£3.50**

sliced white, brown, granary or mixed , with butter & preserves (458kcal)

A la Carte

The Full Monty £16.00

cured back bacon, pork sausage, black pudding, grilled tomato, grilled mushroom, hash brown, baked beans, two free range eggs cooked to your liking - fried, poached, scrambled (1160kcal)

The Full Vegetarian £14.00

two free range eggs - fried poached or scrambled, grilled tomato, vegan sausage, spinach, grilled mushroom, hash brown, baked beans (619kcal)

The Full Vegan £14.00 🗸

crushed avocado, roasted tomato, vegan sausage, spinach, grilled mushroom, hash brown, baked beans (504kcal)

Avocado Eggs **£14.00**

crushed avocado, two poached freerange eggs, chilli, coriander shoot & toasted sourdough (664kcal)

Eggs Benedict **£12.00**

toasted English muffin, honey roast ham, soft poached free-range eggs & fresh hollandaise (463kcal)

Eggs Royale **£14.00** toasted English muffin, Scottish smoked salmon, soft poached freerange eggs & fresh hollandaise (464kcal)

Eggs Florentine **£12.00** toasted English muffin, spinach, soft poached free-range eggs & fresh hollandaise (478kcal)

Salmon & Eggs **£14.50** Scottish smoked salmon, scrambled free-range eggs & toasted sourdough (643kcal)

Three Egg Omelette **£12.00** with a choice of ham, cheese, tomato, mushroom, spinach (390kcal)

Scottish Porridge **£8.00** *fresh damson compote (624kcal)*

Bacon Bap **£8.50**

with a choice of ketchup or brown sauce (607kcal) add fried egg (127kcal) £1.50 add pork sausage (190kcal)£1.50

Buttermilk Pancakes **£10.00**

grilled banana, honeycomb butter & maple syrup (870kcal) add smoked streaky bacon (201kcal) £3.50

Bircher Muesli £7.50 oats, apple, Greek yoghurt, mixed berries & toasted seeds (354kcal)

Eggs your way **£7.50** *two free range eggs - fried poached or scrambled, served on toast (370kcal)*

Extras

Black pudding *(138kcal)* £3.50 Pork sausage *(383kcal)* £3.50 Smoked streaky bacon *(201kcal)* £3.50 Unsmoked back bacon *(157kcal)*

£3.50

Grilled mushroom *(50kcal)* £3.50 V

Grilled tomato (74kcal) £3.50 V

Hash brown *(163kcal)* £3.50 V

Spinach *(71kcal)* £3.50 ᠮ

Avocado *(125kcal*)**£3.50√**

Baked beans *(54kcal)* £3.50 V

All prices are inclusive of VAT. An optional 12,5% service charge will be added to your bill. All our food is prepared in a kitchen where food allergens are present. Our menu descriptions do not include all ingredients. If you have a food allergy or intolerance, please let us know before ordering. Full allergen information is available, please ask a team member for details

Coffees

Espresso	£3.50
Double espresso	£4.50
Cortado	£4.50
Americano	£4.50
Cappuccino	£5.00
Latte	£5.00
Macchiato	£5.00
Flat white	£5.00
Mocha	£5.00
Filter Coffee	£4.00
Hot Chocolate	£5.00

All of our coffee's are also available as decaf

Twining's Tea Selection

English Breakfast	£4.50
Earl grey	£4.50
Green	£4.50
Peppermint	£4.50
Camomile	£4.50
Lemon & Ginger	£4.50
Cranberry, Raspberry	
& Elderflower	£4.50
Decaf English Breakfast	£4.50

Filtered Water

Juices

Orange	£4.00
Apple	£4.00
Grapefruit	£4.00
Pineapple	£4.00
Cranberry	£4.00

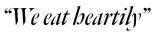
Cocktails

Bucks Fizz	£12.00
Lanson le Black Label Brut,	
orange juice	
Bloody Mary Absolut Vodka, tomato juid	£12.00

Bubbles

Belstar Prosecco NV Brut, Italy, 125mls £9.00 Lanson le Black Label NV, Brut, France 125mls £14.00





S. Pepys diary, 1665

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