

## nibbles

<b>CHORIZO BITES</b> - 664 kcal ⓘ Oven-roasted and served warm.	£6.25	<b>DUCK GYOZA</b> - 287 kcal ⓘ Sweet chilli sauce and coriander	£5.75
<b>PADRÓN PEPPERS</b> - 61 kcal <b>vg v</b> ⓘ Cornish sea salt.	£5.25	<b>WARM FOCACCIA &amp; OLIVES</b> - 403 kcal <b>vg v</b> ⓘ Balsamic glaze & Devon cold-pressed oil	£8.75
<b>SWEETCORN FRITTERS</b> - 299 kcal <b>v</b> ⓘ Spiced guacamole and watercress	£4.75	<b>BALSAMIC ONIONS</b> - 82 kcal <b>vg v</b> ⓘ	£4.50

## starters

<b>HAND PICKED CRAB SALAD</b> - 137 kcal ⓘ Red and white chicory, radicchio, pickled cucumber and sauce vierge	£13.75	<b>SEASONAL SOUP</b> - 297 kcal <b>v</b> ⓘ Warm bread and Trewithen Dairy Cornish butter	£8.00
<b>TERIYAKI TOFU BITES</b> - 463 kcal <b>vg v</b> ⓘ Breaded tofu, Asian slaw and teriyaki sauce	£8.00	<b>ROSE HARISSA HUMMUS</b> - 443 kcal <b>vg v</b> ⓘ Crispy chickpeas, ras el hanout, pistachio crumb, lemon zest, olive oil, and warm gluten free toasts	£7.25
<b>SALT &amp; PEPPER SQUID</b> - 535 kcal ⓘ Gochujang mayonnaise and chives	£8.00	<b>INDIAN SPICED LAMB NAAN FLATBREAD</b> - 550 kcal ⓘ Red onion & tomato garnish with a honey & lime yoghurt	£9.25

## roasts

<b>WEST COUNTRY BEEF STRIPLIN</b> - 867 kcal ⓘ Tender roasted Striploin of West Country beef, served pink	£21.00	<b>SLOW-BRAISED LEG OF LAMB</b> - 744 kcal ⓘ Low and slow-braised leg of West Country lamb	£21.00
<b>BRIE, BEETROOT CHUTNEY &amp; KALE PASTRY TART</b> - 773 kcal <b>v</b> ⓘ Oven-baked kale pastry tart filled with brie, beetroot & chutney	£16.75	<i>The above are served with Yorkshire pudding, rosemary &amp; sea salt roasted potatoes, parsnip, seasonal vegetables, cauliflower cheese and a rich gravy.</i>	
<b>BAKED BUTTERNUT SQUASH, LENTIL AND ALMOND WELLINGTON</b> - 994 kcal <b>vg v</b> ⓘ Oven-baked Wellington filled with butternut squash, lentils and almonds	£16.75		

## mains

### FISH & CHIPS

Newlyn-landed Haddock in Gem Ale batter with crushed minted peas, tartare sauce and lemon

Standard - 1,286 kcal ⓘ

Small ⓘ

£18.75

£11.25

*25p from every portion of Fish & Chips goes to the St Austell Brewery Charitable Trust.*

**CHIP SHOP UPGRADE** - 328 kcal **v** ⓘ

Chip shop curry sauce, pickled egg, pickled onion and bread & butter

£4.75

**CHARRED WATERMELON, VEGAN FETA, BALSAMIC STRAWBERRY AND MINT SALAD** - 603 kcal **vg v** ⓘ

Fresh tomato salsa with a rosemary and toasted garlic crumb, fresh mint, mixed baby leaves and a sweet lime dressing

£15.00

**ABERDEEN ANGUS & BLACK GARLIC MAYONNAISE BURGER**

- 1,496 kcal ⓘ

Emmental, Monterey Jack cheese, crispy bacon, gherkins, gem lettuce, glazed bun and fries

£18.00

**CAJUN CHICKEN BURGER** - 1,032 kcal ⓘ

Grilled Cajun chicken breast in a glazed bun, Habanero mayonnaise, sour cream, gem lettuce and skin-on fries

£15.75

**RUMP STEAK SALAD** - 597 kcal ⓘ

Rump steak, salsa verde, mixed baby leaves and balsamic glaze

£14.50

**ROASTED RED PEPPER & PEA TAGLIATELLE** - 1,025 kcal **v** ⓘ

Pea velouté sauce, baby spinach and shaved parmesan. Cold-pressed Devon rapeseed oil

£14.75

## sides

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<b>EXTRA SIDE OF CAULIFLOWER CHEESE</b> - 388 kcal <b>v</b> <b>i</b>	£3.75	<b>EXTRA SIDE OF ROSEMARY &amp; SEA SALT ROAST POTATOES</b> - 352 kcal <b>vg v</b> <b>i</b>	£3.75
<b>EXTRA YORKSHIRE PUDDING</b> - 70 kcal <b>v</b> <b>i</b>	£1.00	<b>EXTRA SIDE OF PIGS IN BLANKETS</b> - 506 kcal <b>i</b>	£5.25
<b>SINGAPORE CRAB FRIES</b> - 520 kcal <b>i</b>	£10.50	<b>BLACK TRUFFLE &amp; SHREDDED BEEF MACARONI CHEESE</b> - 426 kcal <b>i</b>	£6.75
Fries, hand-picked white crab meat, brown crab mayonnaise, sliced red chilli, spring onion, coriander and a wedge of lime		Crispy onions and chives	

## desserts

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<b>STRAWBERRY CREME PATISSERIE TART</b> - 399 kcal <b>i</b>	£9.00	<b>STICKY TOFFEE PUDDING</b> - 932 kcal <b>v</b> <b>i</b>	£8.50
Poached macerated strawberries, Trewithen clotted cream and mint		Vanilla ice cream, gingernut crumb and toffee sauce	
<b>VEGAN SUMMER PUDDING</b> - 276 kcal <b>vg v</b> <b>i</b>	£8.50	<b>WARM CHOCOLATE BROWNIE</b> - 582 kcal <b>v</b> <b>i</b>	£8.50
English summer pudding and vegan Chantilly cream.		Vanilla ice cream, Belgian chocolate sauce and crushed meringue	
<b>LEMON MERINGUE PIE</b> - 509 kcal <b>v</b> <b>i</b>	£9.00		
Strawberry & black pepper compote			

### Cornish Ice Creams & Sorbet

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**Price per scoop. Choose from the following flavours:**

<b>vanilla</b> - 107 kcal <b>v</b> <b>i</b>	£2.50
<b>chocolate</b> - 111 kcal <b>v</b> <b>i</b>	£2.50
<b>strawberry</b> - 80 kcal <b>v</b> <b>i</b>	£2.50
<b>salted caramel</b> - 93 kcal <b>v</b> <b>i</b>	£2.50
<b>vegan raspberry ripple</b> - 61 kcal <b>vg v</b> <b>i</b>	£2.50
<b>ruby orange sorbet</b> - 76 kcal <b>vg v</b> <b>i</b>	£2.50