

SEAFOOD PUB CO

The Alma Inn

Laneshawbridge

SERVING FOOD *from* LAND & SEA

SEAFOOD SPECIALS

We speak to Chris Neve early every morning about the fish for our specials. You'll find the best of the day's catch on our chalkboards. We buy a few portions of each, work our magic, and when it's gone... it's gone.

FRUITS DE MER | FROM 54.95 | FOR TWO TO SHARE

Oysters, Crab, Crevettes, Mussels, Smoked Salmon, Bread and Condiments | Add Whole Lobster from 39.00
(Requires 48 hours notice, subject to availability, market price confirmed on ordering).

NIBBLES

ARTISAN BREAD [V] [VEO] | 5.25
Salted Butter

MARINATED STONE-IN OLIVES [VE] [GF] | 4.95

CHORIZO [GF] | 5.95
Baked in Cider

LITTLE SAUSAGE ROLLS | 4.95
Brown Sauce

STARTERS

SEASONAL SOUP [GFO] | 6.95
Bread, Salted Butter

HADDOCK GOUJONS [GFO] | 7.95
Tartare Sauce, Lemon

CRAB PÂTÉ [GFO] | 9.95
Deville Crab, Salmon & Brown Shrimp with Sea Salt Croutes

PRAWN COCKTAIL [GFO] | 11.50
Marie Rose Sauce, Paprika Gem Lettuce, Toasted Bloomer

TANDOORI CHICKEN SKEWERS [GFO] | 8.95
Raita, Cucumber Salad, Flat Bread

CHARGRILLED PERI PERI SQUID [GF] | 8.95
Bulgur Wheat Salad

KOREAN BBQ RIBS [GF] | 10.50
Chilli, Spring Onion, Sesame

GREEN LENTIL PÂTÉ [VE] | 7.95
Spiced Seeds, Radish, Charred Flatbread

SUNDAY LUNCH

CUMBRIAN ROAST BEEF TOPSIDE | 17.95

FREE RANGE BELLY PORK | 17.95

CUMBRIAN LEG OF LAMB | 19.95

Our Roasts are served with Roast Potatoes,
Seasonal Vegetables, Yorkshire Pudding and Gravy

VEGETARIAN ROAST [V] | 16.95
Ask one of our team

SUNDAY SIDES

CAULIFLOWER CHEESE [V] | 4.95

PIGS IN BLANKETS | 5.50

MAINS

BATTERED HADDOCK [GFO]

SMALL 14.95 | REGULAR 17.50

Chips, Mushy Peas, Tartare Sauce

POT PIE | 17.95

Free Range Chicken, Leek and Ham Hock, Chips,
Seasonal Greens

GOAN SEAFOOD CURRY [GFO] | 17.95

Seasonal Fish, Lemon Yoghurt, Toasted Almonds,
Coconut Rice, Flatbread

LANCASHIRE CHEESE AND ONION TART [V] | 16.95

New Potatoes and Watercress Salad

FISH PIE [GFO] | 17.50

Smoked Haddock, Salmon and Prawns, Parsley Sauce,
Mash Potato, Lancashire Cheese Crumb

MASALA LAMB CHOPS [GFO] | 27.95

Mint Chutney, Fenugreek Potatoes, Raita

COD LOIN | 23.95

Herb Gnocchi, Parsley & Garlic Sauce

SWEET POTATO & RED LENTIL CURRY [VE] | 14.95

Tenderstem Broccoli, Basmati Rice, Flat Bread, Coriander

GRILL

BRITISH STEAK AND BONE MARROW

BURGER | 16.95

Brioche Bun, Gouda, Bacon, Gem Lettuce,
Tomato, Burger Relish, Sea Salt Fries

100% GAMMON STEAK [GF] | 17.50

Two Free Range Eggs, Chips, Chilli Pineapple Salsa

100% RIB EYE STEAK [GF] | 29.95

Chips, Grilled Portobello Mushrooms, Watercress

70% FILLET STEAK [GF] | 32.95

Chips, Grilled Portobello Mushrooms, Watercress

Add Peppercorn [V][GF] or Blue Cheese Sauce [V][GF] | 3.50

Add Garlic & Chilli Prawns [GF] | 5.75

Add Onion Rings [V] | 3.95

TUNA STEAK [GF] | 25.95

Creamed Spinach, Parmesan Fries

SIDES

CHIPS [VE] [GF] | 4.95

SEA SALT FRIES [VE] [GF] | 4.95

TRUFFLE & PARMESAN FRIES [V] [GF] | 5.25

SEASONAL VEGETABLES [VEO] [GF] | 4.95

GARDEN SALAD [VE] [GF] | 4.95

GARLIC & CHILLI TENDERSTEM BROCCOLI

[V] [GF] | 4.95

ONION RINGS [V] | 3.95

GARLIC BREAD [V] | 4.50

Add Cheese | 5.25

DESSERTS

AFFOGATO [V] [GF] | 4.50

Double Shot Espresso, Vanilla Ice Cream

Add Pedro Ximénez | 2.75

LEMON & GINGER CHEESECAKE [V] | 7.95

CHOCOLATE BROWNIE [V] | 7.50

Vanilla Ice Cream, Chocolate Sauce

SEASONAL CRUMBLE [V] | 7.50

Proper Custard

CHOCOLATE & CARAMEL TRUFFLES [V] [GF] | 5.75

STICKY TOFFEE PUDDING [V] | 8.50

Vanilla Ice Cream

ICE CREAM & SORBET [V] [GF] | 7.25

Any 3 Scoops: Vanilla, Chocolate, Strawberry,

Mango Sorbet [VE]

SELECTION OF BRITISH CHEESE [V] | 9.95

Chutney, Celery and Crackers

For tables of 8 or more, a discretionary 10% service charge will be added to your bill. 100% of this will be fairly distributed amongst the team who prepared and served your food today. Please ask if you would like it removed from the bill.

Please inform us if anyone in your party has a food allergy before ordering | All our dishes are cooked to order, please be patient during busy periods.

GF - Gluten Free | GFO - Gluten Free Option Available Upon Request | V - Vegetarian | VE - Vegan | VEO - Vegan Option Available Upon Request.



For allergens and calorie information, please scan the QR code or alternatively, speak to a member of our team