BREAKFAST

AVAILABLE MONDAY TO SATURDAY UNTIL 11 AM | SUNDAYS UNTIL 12 PM

| EGGS BENEDICT [GFA] 7.50 | 12.00 | THE FULL ENGLISH [GFA] | 14.80 | SHAKSHUKA [GFA] [V] | 12.70 |
|--|--------|--|---|--|-------|
| Grilled smoked bacon, poached free- | | British pork sausages, grilled mushrooms, grilled | | Free-range eggs baked in a tomato, sweet | |
| range eggs, toasted English muffin, hollandaise | | tomato, grilled smoked bacon, eggs your way, | pepper & smoked paprika sauce, Greek yoghurt, | | |
| | | baked beans, hash brown, grilled sourdough | | spiced seeds, grilled sourdough | |
| EGGS ROYALE [GFA] 8.00 | 13.000 | Choose from: Scrambled Eggs, Poached Eggs, Frie | d Eggs | add Spanish chorizo £3.20 | |
| Smoked salmon, poached free-range | | | | add halloumi [GF] [V] £6.30 | |
| eggs, toasted English muffin, hollandaise | | THE FULL VEGANO [GFA] [VE] | 15.10 | or both! | |
| | | No-Pork sausages, grilled tomato, baked beans, | | | |
| EGGS FUNGHI [GFA] [V] 7.50 | 12.00 | grilled mushrooms, hash brown, chopped avocado, | | TOFU SHAKSHUKA [GFA] [VE] | 13.00 |
| Grilled mushrooms, poached free-range | | rocket & basil pesto, grilled sourdough | | Tofu baked in a tomato, sweet pepper & smoked | |
| eggs, toasted English muffin, hollandaise, porcini | | add Scramble Eggs [V] £3.20 | | paprika sauce, spinach, spiced seeds & grilled | |
| paste, rocket | | add Poached Eggs [V] £3.20 | | sourdough | |
| | | add Fried Eggs [V] £3.20 | | add halloumi [GF] [V] £6.40 | |
| SMOKED GRILLED BACON & AVOCADO BUN | 8.00 | add 2 Hash Browns [GF] [VE] £3.20 | | | |
| [GFA] | | | | BUTTERMILK PANCAKES | |
| Harissa & lemon yoghurt, rocket, tomato, brioche | | CHOPPED AVOCADO & EGGS [GFA] [V] | 12.20 | Dulce de leche sauce, bananas [V] £9.00 | |
| bun | | Poached free-range eggs, grilled sourdough, | | Grilled bacon, maple syrup £9.80 | |
| add a fried free-range egg £1.75 | | avocado, rocket & basil pesto, toasted seeds, extra | | | |
| | | virgin olive oil, red chilli | | TURKISH EGGS [GFA] [V] | 10.50 |
| CUMBERLAND SAUSAGE & HASH BROWN BUN | 8.00 | | | Poached free-range eggs, garlic & dill yoghurt, | |
| Red onion marmalade, brown sauce, brioche bun | | CHOPPED AVOCADO, SMOKED SALMON & EGGS [GFA] | 14.75 | harissa, grilled sourdough | |
| add a fried free-range egg £1.75 | | Smoked salmon, poached free-range eggs, grilled | | GOLDEN SYRUP RAISIN GRANOLA [V] | 6.20 |
| | | sourdough, avocado, rocket & basil pesto, toasted | | Greek yoghurt, summer berries | 0.20 |
| NO-PORK SAUSAGE & HASH BROWN BUN [VE] | 8.00 | seeds, extra virgin olive oil, red chilli, lemon | | , 3 | |
| Red onion marmalade, brown sauce, beetroot bun | | | | TOAST STACK [GFA] [V] | 5.00 |
| add a fried free-range egg [V] £1.75 | | CHOPPED AVOCADO, BACON & EGGS [GFA] | 14.00 | Butter, choice of raspberry jam, strawberry jam or | 3.00 |
| | | Grilled smoked bacon, poached free-range eggs, | | marmalade | |
| | | grilled sourdough, avocado, rocket & basil pesto, toasted seeds, extra virgin olive oil, red chilli | | BREAKFAST PASTRIES [V] | 3.80 |
| | | | | Plain croissant | |
| | | | | | |

- BRUNCH & LUNCH -

<u>Brunch</u> sandwiches

| AVAILABLE MONDAY TO SATURDAY 11 AM - 5PM | | | | | | | | |
|---|---|-------|--|-------|---|-------|--|--|
| EGGS BENEDICT [GFA] 7.50 12.00 Grilled smoked bacon, poached free- | CHOPPED AVOCADO & EGGS [GFA] [V] | 12.20 | CHOPPED AVOCADO, BACON & EGGS [GFA] | 14.00 | TOFU SHAKSHUKA [GFA] [VE] Tofu baked in a tomato, sweet pepper & | 13.00 | | |
| range eggs, toasted English muffin, hollandaise | Poached free-range eggs, grilled sourdough, avocado, rocket & basil pesto, toasted seeds, extra virgin olive oil, red chilli | | Grilled smoked bacon, poached free- range eggs, grilled sourdough, avocado, rocket & basil pesto, toasted seeds, extra virgin olive oil, red chilli | | smoked paprika sauce, spinach, spiced seeds & grilled sourdough add halloumi [GF] [V] £6.40 | | | |
| EGGS ROYALE [GFA] 8.00 13.00 | rea chilli | | virgin olive oli, rea chilli | | | | | |
| Smoked salmon, poached free-range eggs, toasted English muffin, hollandaise | CHOPPED AVOCADO, | 14.75 | SHAKSHUKA [GFA] [V] | 12.70 | SWEET POTATO, COURGETTE & FETA FRITTERS [GF] [V] | 9.50 | | |
| | SMOKED SALMON & EGGS [GFA |] | Free-range eggs baked in a tomato, | | Smashed avocado, red pepper & garlic | | | |
| EGGS FUNGHI [GFA] [V] 7.50 12.00 | Smoked salmon, poached free-range eggs, grilled sourdough, avocado, rocket | | sweet pepper & smoked paprika sauce, Greek yoghurt, spiced seeds, grilled | | hummus, poached free-range egg, crispy kale | | | |

sweet pepper & smoked paprika sauct
Greek yaghurt, spiced seeds, grilled
sourdough
add Spanish chariza \$3.20
add halloumi [GF] [V] \$6.40
or bath!

Smoked salmon, poached free-range eggs, grilled sourdough, avocado, rocket & basil pesto, toasted seeds, extra virgin olive oil, red chilli, lemon

Grilled mushrooms, poached free-range eggs, toasted English muffin, hollandaise, porcini paste, rocket

BUTTERMILK PANCAKES Dulce de leche sauce, bananas [V] £9.00 Grilled bacon, maple syrup £9.80

SANDWICHES

PANINO SANDWICHES AVAILABLE MONDAY TO SATURDAY 12PM - 5PM

| PROSCIUTTO COTTO HAM & CHEDDAR | 10.60 | BATTERED FISH FINGER | 12.00 | BUTTERMILK CALAMARI | 11.00 |
|---|-------|---|-------|--|-------|
| CHEESE [GFA] | | Tartar sauce, rocket, lemon | | Lemon & harissa yoghurt, rocket, lemon | |
| Grain mustard mayonnaise, tomato, gem lettuce | | add chunky chips or French fries for £3.50 | | add chunky chips or French fries for £3.50 | |
| add chunky chips or French fries for £3.50 | | add Lebanese fries for £4.50 | | add Lebanese fries for £4.50 | |
| add Lebanese fries for £4.50 | | add tebullese mes for £4.50 | | dud reputiese mes for 24.50 | |
| AVOCADO & HUMMUS [GFA] [VE] | | SPANISH CHORIZO [GFA] | 11.00 | ITALIAN MEATBALLS & FIOR DI LATTE MOZZARELLA Tomato & basil sauce, rocket & basil pesto, rocket add chunky chips or French fries for £3.50 add Lebanese fries for £4.50 | 10.50 |
| | 10.20 | Garlic & basil marinated tomatoes, garlic | | | |
| Rocket, red pepper & garlic hummus, rocket & | | mayonnaise, rocket add chunky chips or French fries for £3.50 | | | |
| basil pesto | | | | | |
| add chunky chips or French fries for £3.50 | | add Lebanese fries for £4.50 | | | |
| add Lebanese fries for £4.50 | | add Lebanese fries for £4.30 | | | |